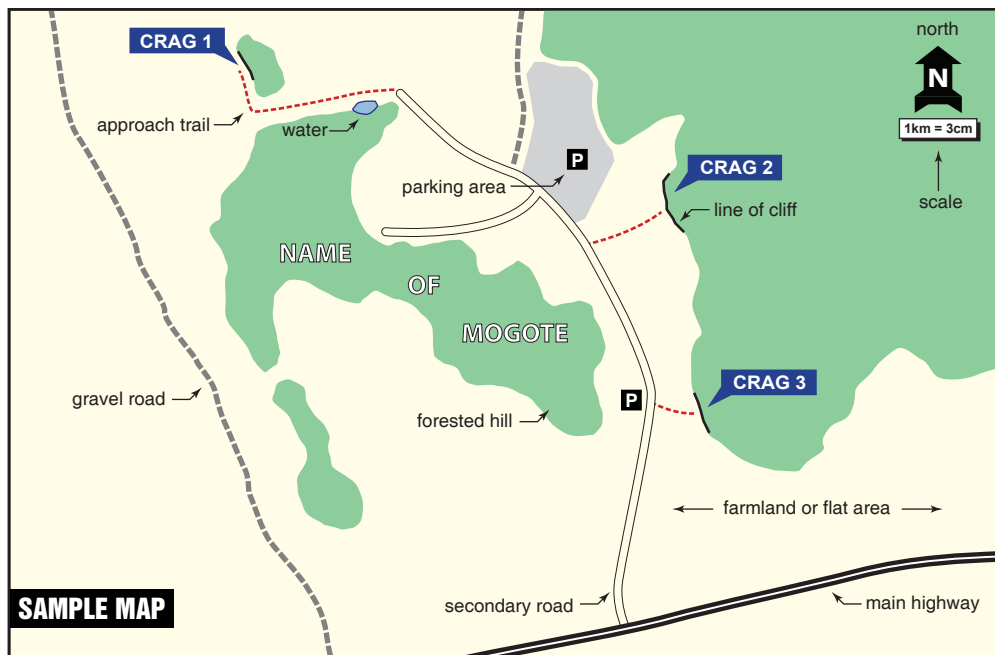
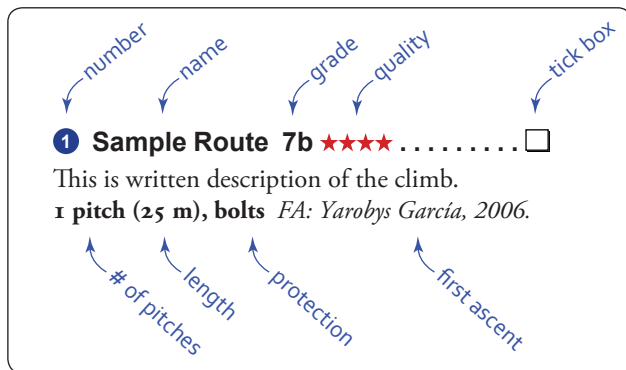


## HOW TO USE THIS BOOK

The cliffs described in this book are generally ordered from west to east – the layout of the climbing region is shown on an overview map on the inside cover. There are seven climbing chapters in this book and each includes a general description of the area along with an overview map to show the position of the crags. Each crag contains an introduction and a description of the character of the climbing, along with details of the approach.

### Cliff Icons

Each cliff page in the book has a bar across the top containing a number of icons. The intent is to provide an overview of the nature of the crag, which should help in choosing an appropriate venue. Refer to the icon list on the opposite page for specific explanations.



### Maps

The overview and approach maps in this book are standard topographical style, providing a “top down” view of the area in question. See the sample map on the opposite page for specific features.

### Cliff Photos

Most routes in the book are represented on a photograph. A red line shows the approximate path of the climb along with the location of the anchor. See the sample photo below for more information.

### Route Descriptions

All climbing routes in the book are numbered – **blue** climbs are fully bolted and **red** climbs require gear. French grades are used to rate the climbs and a conversion chart is included on the back cover flap. Red stars rate quality, a “tick box” is provided for tracking your climbs and first ascent details come at the end.



### Icon Key

- ☐ Tick box
- ★ Poor
- ★★ Average
- ★★★ Good
- ★★★★ Very good
- ★★★★★ Excellent
- 🚗 Drive to crag
- 👤 Hiking time
- ☀ Sun all day
- ☀ am Morning sun
- ☀ pm Afternoon sun
- 🌙 No sun
- 🧑 Low-angle
- 🧑 Vertical
- 🧑 Overhanging
- 🚩 Windy
- 👁 May seep
- ☔ Dry in rain